

How exams unlock valuable findings about your health

We're glad you're taking time to care for one of your valuable assets: your eyes.

Think of this resource as your friendly sidekick on your health and wellness journey. Your eye care provider is the expert, and this guide is simply here to help you feel even more prepared and confident before and after your visit.



What is a comprehensive eye exam?

Your eyes can provide insight into your general well-being – many serious vision conditions, such as diabetic retinopathy, glaucoma, cataracts and age-related macular degeneration (AMD), can develop without noticeable symptoms. Regular comprehensive exams enable early detection, which is essential for preventing significant vision loss or even blindness.

Let's dive into a general overview of what your exam can involve:



Your eye doctor will likely begin your comprehensive eye exam by reviewing your medical and family history and discussing any vision changes or concerns. You'll complete tests that measure how clearly you see at different distances, along with evaluations of depth perception, color vision, peripheral vision and how well your eyes move and work together.



Your eye doctor will refine your glasses or contact lens prescription by testing different lens options to determine the sharpest, most comfortable vision. They will also carefully examine the inside and outside of your eyes to look for signs of eye conditions or health issues that may not show symptoms.



If needed, additional tests may be performed for a more detailed assessment. At the end of the visit, your eye doctor will explain your results, answer any questions and outline any recommended treatment or follow-up care.

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Don't forget to schedule your annual eye exam and chat with your eye doctor about your specific vision needs.

